



**The
Bulletin**

EDITION No. 1 SEPTEMBER , 2016 EDITOR: Pat Spilsbury

Welcome to the first edition of *The Bulletin* a monthly news update which will be replacing our quarterly Newsletter. Unlike the Newsletter, this will only be an update of the latest news – it will not have class descriptions or a timetable of classes - for that information you will have to go to our website www.gm-u3a.com.au If you do not have a computer you can access *The Bulletin* at the U3A office or on the computers at the library or ask a friend to print one out for you. There will be a limited number of printed copies available at the office for people who do not have computers. If you have a computer maybe you could show a friend who does not have one how to get started or maybe offer to print out a Bulletin for them. Attached is an article on ***Getting Started On the Internet*** which will give you some tips on how you can get started and about the computer classes U3A will be running to enable our members to be able to access their own information.

ENROLMENT DAY FOR TERM 4 (a.k.a. SPRING TERM)

Everyone must re-enrol at the beginning of each term for every class they intend to attend. If you are currently enrolled for a class that does not automatically enrol you for that class each term – you have to re-enrol every term. You can enrol in person, by phone or by email – just a few minutes of your time will assure you of a place in the class of your choice *if there are vacancies*. **Enrolment day for Term 4 is Friday, September 23 from 11:00am till 1:30pm at the U3A office.**

END OF TERM GET-TOGETHER To encourage our members to get to know each other - on the last Friday of every term we will be having a get-together afternoon tea. ***The first of these will be at the McDermott Centre on Friday, September 23 from 2pm to 4pm.*** U3A will provide tea/coffee and biscuits, but you are welcome to bring a small plate of goodies to share if you wish (optional) So come along and have a chat to other members, tutors and committee members.

TERM 3 HOLIDAYS ***U3A will be on holidays from Monday, September 26 until Monday, October 10.*** The office will also be closed during that time. There will be some new classes starting in Term 4 – please look on the website for news of these.

LET'S DO LUNCH The only ***Let's Do Lunch*** for Term 4 will be held in ***The Station Restaurant of the Workers Club on Tuesday, 18th October with an Oktoberfest Theme.*** ***This will be*** will be a week later than normal to give members time to book after the holidays. ***Tickets are on sale now for \$20 for a delicious 2 course lunch. Bookings close Thursday, October 13.*** This will be our ***only*** Let's Do Lunch for Term 4 as in November we will once again be joining our friends of the Cystic Fibrosis Support Group for their special Melbourne Cup Luncheon, with all proceeds going to their very worthy cause, and in December we will have our Christmas Lunch. Details of both these lunches will be given as soon as they are finalised – watch this space!



**“If nothing ever changed,
there would be no butterflies”**

Author Unknown

LET'S EXPLORE Back after their winter hibernation in October, what better place for our 'intrepid explorers' to welcome in the Spring Term, but at the ***National Arboretum, Canberra*** with its rare and endangered trees from Australia and around the world. While many of the forests are still young, two are almost 100 years old – the Himalayan Cedar and the Cork Oak forests. There's lots to see at this wonderful place including the National Bonsai and Penjing Collection, a living artwork of some of the finest miniature trees in the world and the Discovery Garden, which, through a series of linked garden 'rooms' you will be shown how to grow a beautiful, sustainable and water efficient garden in any season. To book for this trip you must be enrolled for Let's Explore as it is a class, not a social event and as there will be limited seats available, bookings will be taken on a "first come" basis - you are advised to enrol and book early and only payment will secure your seat– full details will be available on our website and on Enrolment Day.

TEA & TALK Due to a number of reasons, Pat & Jeanette will not be running "Tea & Talk" in Term 4, but it will be returning with a fresh, new look in 2017. In the meantime why not come to our end-of-term get-togethers on Friday, September 23 at the McDermott Centre 2pm – 4pm and again on Friday, December 16. See page 1 for details.

THE MERRY WIDOW OF BLUEGUM CREEK Based on the original operetta by Franz Lehner and featuring an identical score, the ***Merry Widow of Bluegum Creek*** has a distinctly Australian flavour and sparkles with wit and just a pinch of naughtiness. We will be having a bus trip to the Queanbeyan Players matinee performance in early November and as soon as final arrangements have been made, tickets will go on sale. This is a social event and open to all members and friends but there will be limited seats available. Full details in October's Bulletin.

RAMBLERS GROUP Due to the great success of our Walking 4 Health group, and for those needing more of a challenge, we will be introducing a Ramblers Group which will be a 5 – 10 km walk which will be local or within approximately 1 hours drive of Goulburn on Sundays. If you would like to know more about this great activity, look at the T4 Courses page of our website.

A LIFE THAT THRIVES Sharon Williams, having been inspired by Tom Lyttle's "Human Abilities" class, is offering a complimentary short course covering an aspect Tom frequently mentioned - Life Plans. This promises to be a great class but as there will be a maximum number of 8 participants, it will be advisable enrol early. Full details on the T4 Courses page of our website.

WATCH OUT FOR THESE IN THE NEW YEAR We are very excited about the Canberra Philharmonic's first show in 2017 – ***Chicago!*** What with this and the ***Versailles – Treasures from the Palace Exhibition*** at the National Gallery, our first term next year promises to be a great summer of entertainment and culture.

CHANGES TO OUR U3A IN 2017 Changed circumstances has forced us to make changes to the way our U3A will be doing things in the future. Some members will not find the changes hard to adapt to - while some may. In coming Bulletins we will be telling you about these changes and giving you some tips on how to cope with them. Remember change can be scary, but you know what's scarier? Allowing fear to stop you from growing, evolving and progressing. When the winds of change blow, some people build walls and others build windmills – be one of the ones who build a windmill!



HELP A MEMBER TO GET STARTED ON THE INTERNET

Not all of our members are using the Internet. Perhaps you can help another member to get started on the Internet by sharing your experience and giving a helping hand.

Everybody benefits from being able to access the Internet as more and more basic information is shifted onto the internet. Simple things like checking what movies, train timetable, newspapers from around the world, emails to distant friends and relatives are all made easy once you can get on the Internet.

However, getting started on the internet can sometimes be tricky. You need access to a computer of some kind and also an Internet connection.

Goulburn Mulwaree U3A will be moving to an Internet based management system in 2017 which means members will need to have Internet access and an email address to get the most from their membership.

Our U3A runs computer and getting started on the Internet classes for our members.

No Computer, No Internet Connection?

You can still get started on the Internet by using the computers in the Goulburn library. All you need is the library card number and you can browse the internet for 2 hours at a time free of charge. Best of all the library occasionally runs computer classes, ask them if you can be on the waiting list.

You can also use the computers in the U3A office to get onto the internet. The U3A office is open from 11:00 to 13:00 weekdays in school terms.

Best Senior's Computer

Probably the best computer for a senior is a laptop.

A laptop has the following advantages:

- No cables except the power charger
- Built-in mechanical keyboard
- Built-in trackpad to give mouse functions
- Works for several hours from battery
- Light, easy to transport to get help
- Take your own familiar computer to the library or other places with Internet access.

Types of Laptops

Until just recently you could buy three different types of laptops:

- Windows (10) laptops
- Apple Mac laptops
- Linux laptops

Most people know about these types of laptops and often are offered a hand-me-down laptop from a friend or relative. This is a good way to get started.

Chromebooks

Now there are also Chromebook laptops:

- Cheaper
- No software to buy, cannot install software, not affected by viruses
- Can write documents using voice input
- Replace a broken or stolen Chromebook and all your documents automatically appear when you login on the new chromebook
- Automatically starts in around 10 seconds when you open the lid
- Automatically checks you have up to date software when started
- Automatically backs up your photographs and documents onto the cloud
- Automatically backs up documents character by character as you type
- After you log on to a chromebook it automatically logs into your gmail

Chromebooks appear to be a senior proof computer but are very new and not well known. U3A will be running a chromebook course in term 4 for a limited number of people.

Laptop but no Internet?

There are several places you can connect to the Internet for free if you have your own laptop:

- The U3A office, we have WiFi that members can use, ask us for the WiFi password.
- Library, use their computer or bring your own.
- Council, around the library or even parked outside the library you can connect to the Internet for free.
- Belmore Park has many free WiFi access points, sit at a park and bench browse the Internet or check your emails.
- Soldiers Club, provide free WiFi for their members, no login required, just works.
- Goulburn Workers Club, free WiFi for members, ask for the WiFi password at the front desk.
- Guru Coffee shop, WiFi password printed on receipt, buy a coffee browse the Internet.
- Park Cafe, free WiFi for customers, ask at cash register
- Goulburn Free Wifi, it is very slow but works in most of Goulburn CBD.

There are probably many more places in Goulburn that can provide free WiFi.

